



Tish'a B'Av 5777 schedule for JEC Elmora Avenue Shul

Kol hamitabel al Yerushalayim zocheh v'ro'eh b'simchata

Monday, July 31st (Erev Tish'a B'av)

1:03 Chatzot

Mincha at 6:45 in the Reibel Bais Medrash and 8:00 in the Wilf (aka new) gym

8:13 Fast begins (sunset)

Maariv at 8:25 in the Wilf gym followed by Eicha and Kinot

Tuesday, August 1st

6am Shacharit in the Wilf gym

9:00am Shacharit with explanatory Kinot in the Wilf gym

10am-1pm Explanatory kinot (men in room 135 and women in the Reibel Bais Medrash)

To volunteer to explain kinot in the women's program, contact Amy Tropp at 908-337-7756 or ahtropp@gmail.com; for the men's program contact Rabbi Tropp at 908-337-7755 or

Elie Bodner at 917-583-5963.

1:03pm Chatzot

1:05-1:35pm shiur: The Zachor of Tish'a B'Av by Rabbi Herman in the main shul

1:40 and 7:40 Mincha in JEC main shul

Chofetz Chaim Heritage Foundation Video "Emunah For Life: How to Master Life's Challenges" in the Reibel Bais Medrash: 2:40 (program A) and 4:30 (program B)

4:30-6:00 Boys Learning Program (by Rabbi Carlebach) for boys entering 4th grade and up in classroom 135

8:25 Maariv in JEC main shul

8:54pm Fast ends

Wednesday, August 2nd

1:03 Chatzot

Motzei Tisha B'Av thru chatzos the following restrictions continue. Showering for pleasure, laundering, wearing new and freshly laundered outer garments, haircuts, music, eating meat and drinking wine.

May everyone have an easy and meaningful Tisha B'Av and through it be zocheh to the promise of our sages that whoever mourns over Yerushalayim will merit the future vision of her joy, as it is written in Yeshayahu (66:10), "rejoice greatly with her, all who mourn her."